

Practical Shoulder Arthroscopy Instructional Courses

Diagnostic & Therapeutic (1 ½ day course - £300 registration fee)

Monday 23 and Tuesday 24 (morning) March, Brighton & Sussex Medical School, Brighton

Wednesday 18 and Thursday 19 (morning) November, Newcastle Surgical Training Centre, Freeman Hospital, Newcastle

- Cadaveric and Model Labs
- Clinical Examination
- Imaging and patient pathology
- Patient positioning
- Instrumentation
- Shoulder anatomy
- Normal variants
- Portal placement
- Diagnostic arthroscopy
- Shoulder pathology
- Indications for surgery
- Conservative management
- Arthroscopic sub-acromial decompression
- AC joint excision
- Biceps tenotomy
- Suture management and knot tying techniques

Diagnostic & Therapeutic minimum requirements - to attend Diagnostic and Therapeutic, delegates must be Registrar/SHO level with MRCS completed

Reconstructive (1 ½ day course - £300 registration fee)

Tuesday 24 (afternoon) and Wednesday 25 March, Brighton & Sussex Medical School, Brighton

Thursday 19 (afternoon) and Friday 20 November, Newcastle Surgical Training Centre, Freeman Hospital, Newcastle

- Cadaveric and Model Labs
- Bankart repair
- SLAP repair
- Rotator Cuff repair

Reconstructive minimum requirements - delegates should either be senior registrar Year 5/6 trainee or consultant level, with significant operative experience (more than 20 cases) with ASD surgery. You should be comfortable with triangulation, portal and cannula placement and the basics of debridement and tissue preparation.

Delegates may not attend both Diagnostic/Therapeutic AND Reconstructive modules at the same time.



渡 Watanabe 辺 Club

The **Watanabe Club** is an informal non-affiliated group of dedicated shoulder arthroscopists who are committed to developing training in shoulder arthroscopy in the UK.

The Diagnostic and Therapeutic course includes detailed information on the principles and philosophy of shoulder arthroscopy, which will be of particular value to those surgeons and trainees undertaking shoulder arthroscopy for the first time. The Reconstructive course will be of value to those with some experience in shoulder arthroscopy. Please note that delegates should preferably have attended the Diagnostic and Therapeutic course and/or have reasonable clinical and practical experience in diagnostic shoulder arthroscopy and simple arthroscopic procedures before attending the Reconstructive course.

Delegates will gain hands-on experience in practical techniques using models and cadaver material, and are encouraged to bring case studies on disc for discussion. The high proportion of faculty members to delegates (1:2) will ensure direct supervision and interaction. Both courses will involve lectures, models and cadaveric work. There are only 20 delegate places on each module so delegates are invited to register early to avoid disappointment.

Course Convenor: Mr Andrew Wallace (London)

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| Faculty: | Mr Philip Ahrens (London) | Mr Gareth Harper (Portsmouth) |
| | Mrs Susan Alexander (London) | Mr Cameron Hatrick (Brighton) |
| | Mr Jamie Buchanan (Hastings) | Mr Andrew Murphy (Plymouth) |
| | Mr Andrew Chambler (Yeovil) | Mr Lars Neumann (Nottingham) |
| | Mr Carlos Cobiella (London) | Mr Mark Pritchard (Swansea) |
| | Mr Andrew Cole (Southampton) | Mr Chris Roberts (Ipswich) |
| | Mr Steve Corbett (London) | Mr Robin Turner (Brighton) |
| | Mr Steve Drew (Coventry) | Mr Graham Tytherleigh-Strong (Cambridge) |
| | Mr Len Funk (Wrightington) | Mr John Haines (Wigan) |

Delegates are invited to register early for these courses, as they are normally over subscribed.

Please complete the enclosed registration form and send it to:

Alison Fedorowicz, Marketing Department, Smith & Nephew Endoscopy, Cardinal Park, Godmanchester, Cambridgeshire PE29 2SN Tel: 01480 423 221 Email: alison.fedorowicz@smith-nephew.com