



Trainer: Lennard Funk	Attachment Dates:	
Trainee:	Date:	Assess No.

SHOULDER ULTRASOUND

Skills	Assessment				
	1	2	3	4	5
Basic Skills					
Basics					
physics of ultrasound					
understanding frequencies					
biological effects of ultrasound					
Anisotropy					
ultrasound safety					
common artefacts (anisotropy, ballottement, reflection)					
Image recording systems					
Setting up					
Patient positioning					
Machine settings					
Anatomy					
. Rotator cuff					
. Long head of biceps					
. Glenohumeral joint					
. Bursal anatomy					
. Acromioclavicular joint					
. Muscles, tendons and ligaments of the shoulder					
. Neurovascular structures					
Pathology					
. Partial and full thickness Rotator cuff tears (incl. measurements)					
. Calcific Tendonitis (incl. measurements)					
. Bursal effusion & thickening					
. Long head of biceps tendinosis, rupture and subluxation					
. Paralabral cyst.					
Procedures					
Therapeutic /diagnostic injection in bursa or joint					
Barbotage of Calcific Deposit					

[1] Know about; [2] Seen; [3] Managed with help; [4] Managed; [5] Confident to manage